



SACRED HEART SPECTATOR

Sacred Heart Catholic Elementary
Proud Member of the Saint Michael Catholic High School Family of Schools



Principal: Mr. J. Romeo
Superintendent: Mr. D. Massi

School Secretary: Mrs. D. Plyley
Parish Priest: Fr. Stuart MacDonald

ISSUE #10 – JUNE 2024

FROM THE PRINCIPAL’S DESK

In June, the students and staff of Sacred Heart Catholic School will be continuing to engage in quality programming in light of the beautiful weather, end of year class trips, and thoughts of summer. There is much to accomplish over the next four weeks and we anticipate that all classes will continue to engage in the teaching and learning process to the end of the year as we will be focusing on the ways we worship in celebration of our unique gifts and talents. Though all created in God’s image, we are all unique and special. The gifts and talents we have express the ways in which God has made Himself known through each one of us and by using the gifts we have been given, we can honour God and thank Him for all that He has given us.

Mr. Romeo

KINDERGARTEN REGISTRATION

All registrations for Kindergarten 2024 will be completed online. Please visit the Niagara Catholic website niagaracatholic.ca and click on “Register Now” button. Link found here: <https://niagaracatholic.ca/registration/>

If you have a child born in 2020, or you know of someone who lives in our boundary area and they have a child born in 2020, they are eligible for Year One Kindergarten.

SPRING FUN FAIR – Thursday June 6, 2024. (4 – 7 p.m.)



We are excited to announce the return of our Spring Fun Fair. Many thanks go out to our Catholic School Council and staff members for assisting in the planning and preparation of what we hope is a fun filled night for our families. The Spring Fun Fair will be on Thursday, June 6, 2024.

Please note that food and drink orders will only be accepted using School Cash Online as we are pre-ordering those items.

We will be accepting cash at the fair for tickets for raffle baskets, games and the bouncers!! Please plan on being there as it won’t be the same without you!

PA DAY – Friday June 7, 2024



Friday June 7, 2024 is a professional activity day. There is no school for students on this date.

GRADUATION – JUNE 2024

Graduation plans for June 2024 are set. A Graduation committee has been selected from interested parent volunteers as well as staff. The date for this year’s Graduation 2024 is **THURSDAY JUNE 20, 2024.** The evening will begin with the Graduation ceremony and presentation of diplomas at 5:30 p.m. at St. Michael Catholic High School in their auditorium and then Graduates will make their way to Betty’s Restaurant for dinner thereafter.





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TALENT SHOW!



Sacred Heart Catholic students (from Gr. 1 – 8) are being invited to show that they have talent. “Casting Calls” have started and students have been invited to sign up to showcase their talent at our Talent show that is scheduled to take place on Wednesday June 26, 2024. We thank Mrs. Manders and Mrs. Beswick for leading this opportunity for our students.

YEARBOOK 2023-2024

The Sacred Heart School Yearbooks are in the process of being collated, constructed and put to print. It commemorates all the wonderful events that have taken place for all students from Kindergarten to Grade 8. Orders are available using School Cash Online only and each yearbook, being produced by Lifetouch Images will cost \$25.



SCHOOL ORGANIZATION

We continue to work through the planning process for the 2024- 2025 school year and the specific organization of the school is tentative dependent upon any changes to our enrolment numbers. Due to changes that could happen in enrollment and the possible effect that has on classroom numbers we will not be able to announce classroom and teacher placement at this time. We ask for your patience as this news may not be delivered until late August.

How Parents can help with the transition to a different grade...

Talk positively to your child about next year. If your child is with a different group of students discuss relationships and the excitement of making new friends

TERM TWO PROVINCIAL REPORT CARDS 2024

The provincial report card is only one among several means used by teachers for reporting student achievement to parents and students. Communication about student achievement should be designed to provide detailed information that will encourage students to set goals for learning, help teachers to establish plans for teaching, and assist parents in supporting learning at home. The Term Two Report Card will be made available during the week of June 24th, 2024.

HOT LUNCHES & MILK PROGRAM

Pizza Day – Thursday June 6, 2024

Sub Day – Thursday June 20, 2024



LAST DAY OF SCHOOL!

Please note that the last day for students is Thursday June 27, 2024 as Friday June 28 is a PA Day. Reminder that the first day of the 2024-25 school year is Tuesday September 3, 2024.

SACRED HEART RED SHIRT DAY!

We have selected Tuesday June 18, 2024 as Sacred Heart Red Shirt Day. All students (and staff) are asked to wear their RED Sacred Heart shirt on that day. (For those students who arrived after those shirts were distributed, please wear a red shirt!). We will be taking a whole school photo of all of us in our Sacred Heart red!!





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MEDICAL UPDATES FOR 2024-2025



In June, parents/guardians of students with anaphylaxis and/or other medical emergency protocol will receive documentation to complete for the 2023-2024 school year. This will allow parents time to schedule appointments with their child's physician over the summer break.

Please send updated paperwork (with physician's input and signature) together with applicable medications/EPI pens, etc. to your child's school on the 1st day of school (Tuesday, September 5, 2023). This information will be gathered and used by school staff to update our students' confidential record in September.

Thank you for supporting us in this proactive exercise.

YARD SUPERVISION REMINDER



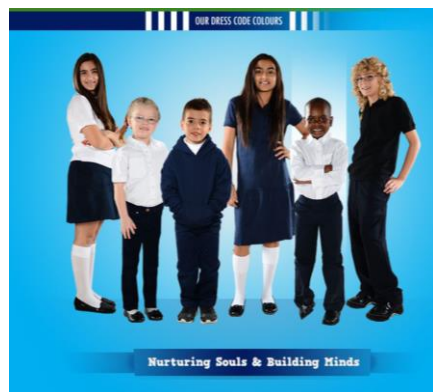
Our first bus arrives at 8:35 a.m. Sacred Heart staff begin morning yard duty at 8:35 a.m. and are in the yard until the bell rings at 8:45 a.m. Parents are reminded that students should not be at school earlier than 8:35 a.m. Your cooperation is appreciated.

CELL PHONES AND PERSONAL DEVICES

Cell phones are generally more disruptive than helpful during school hours. We recognize students may require their cell phone for safety and communication purposes for before and after school, but use during school hours is prohibited unless the student acquires permission from their classroom teacher.

"Cell or smart phones, tablets, laptops, audio or video recording devices are prohibited for use by students in all Niagara Catholic elementary and secondary schools' classrooms unless specifically approved by school staff for instructional or co-instructional purposes."

ELEMENTARY STANDARDIZED DRESS CODE



As you are aware, Niagara Catholic has an Elementary Dress Code for students. Details regarding the Dress Code can be found on the Board's website.

Highlights include the following:

At a minimum, every student is required to wear one (1) of the following items:

- Navy Blue sweat pants for students in Early Learning Kindergarten to Grade 3 or;
- Navy Blue Pants (Dress, Cargo, Denim, Kobe, Corduroy style permitted) or;
- Navy Blue Skorts or Dresses or
- Navy Blue Walking Shorts or Capris or;

• Grade 8 students have the option to wear grey secondary uniform pants. At a minimum, every student is required to wear one (1) of the following items;



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- Navy Blue or White Oxford shirt (short or long sleeve) or;
 - Navy Blue or White Polo shirt (short or long sleeve) or;
 - School designed spirit wear.
- Running shoes are the recommended footwear and socks must be worn.



A reminder that our spirit wear Provider “Big Bear Spiritwear” is open online 24/7 365 days a year to place an order for Sacred Heart spirit wear! <https://www.bigbearspiritwear.com/sacred-heart-stars/>

BUS BEHAVIOUR



We are very pleased that the majority of our riders have been showing respectful behavior on the bus. Just a reminder to parents and students that bus transportation is a privilege. Our bus drivers have the important responsibility to transport students safely. Students have the responsibility to abide by the expectations of the driver. *Behavior that compromise the safety of others, or interferes with the right to a relaxing, enjoyable journey, will be dealt with immediately.* Drivers have been made

aware to issue reports as they see fit. Reports will then initiate the debriefing process with the student and/or parents. Disciplinary action will be based on the situation. Suspension from bus transportation is one possible consequence. Please take some time to reinforce this message with your child. Often children do not take that into consideration when engaging in inappropriate conduct during travel.

Niagara Region Public Health School Health Newsletter June 2024

Check your Immunization Records and Travel Health Notice

If you are planning to travel, add these actions to your planning checklist to help make your trip a healthy one.

1. **Make sure you and your children are up-to-date with vaccinations.** Staying up-to-date with vaccinations is important all year round. It is especially important before travelling.
 - When travelling, you may be at risk for vaccine preventable illnesses. [Check your immunization records](#) or talk to your health care provider.
 - Learn more about [where to get vaccinated](#). Remember to report vaccinations to Public Health for children 0 – 17 years of age. Report [online](#) or call 905-688-8248 or 1-888-505-6074 ext. 7425





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2. Review the Public Health Agency of Canada's [travel health notices](#). These notices outline potential health risks to Canadian travelers and ways to help reduce them. Stay informed as you plan your travel.

Ticks

Ticks, mosquitos and rabid animals can be a risk as the weather warms up.

- Mosquitoes transmit the [West Nile virus](#) to humans after becoming infected by feeding on the blood of birds, which carry the virus. To learn how to protect your family, visit [Reduce the Risk of West Nile Virus - Niagara Region](#).
- The black- legged (deer) tick transmits [Lyme disease](#) to humans after becoming infected by feeding on the blood of small animals which carry the disease. To learn how to protect you and your pets, visit [Protect and Prevent Ticks - Niagara Region](#).
- [Rabies](#) is transmitted through saliva from bites and scratches, entering an open cut or wound, or from saliva contacting a mucous membrane, such as those in the mouth, nasal cavity or eyes.



For more information and [tick identification](#), individuals can contact a Duty Officer directly at 905-688-8248 ext. 7590. General tick information can be found on our [Niagara Region Public Health website](#).

Head safety – for bikes and other wheels

With warmer weather and summer break just around the corner, more kids will be outdoors taking part in activities, such as biking, skate boarding or roller blading. A [properly fitted and correct helmet](#) can cut the risk of a serious head injury by up to 85%. This means four out of five brain injuries could be prevented if every cyclist wore a helmet.

- Bike [helmets](#) should be replaced after five years or a crash where the cyclist has hit their head
- It's not safe to use a [second-hand helmet](#)
- Baseball hats, big hair clips and headphones should never be worn under a helmet

The human skull is just approximately one centimeter thick, so it is important to remind children to always protect their head when being active. To make sure a helmet fits right, follow the 2V1 Rule (image courtesy of [Parachute Canada](#))



Food Literacy

Want to get your kids excited about food? Food literacy is more than just what's on your plate. It's about loving everything to do with food! Picture your child confidently picking out fresh veggies, cooking healthy meals, and knowing how to keep food safe and budget-friendly.



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Food isn't just about eating—it's about enjoying different kinds of food, tasting delicious flavors, and making special memories with family.

Here are some fun things you can do with your kids this summer to help them learn more about food:

- **Kitchen Adventures:** Cook together, try new recipes, and let your kids help with chopping, stirring, and tasting.
- **Grocery Store Scavenger Hunt:** Turn a trip to the grocery store into a game where you look for foods from different groups or colors.
- **Grow Your Own Garden:** Start a small garden and teach your kids about planting, taking care of plants, and harvesting their own veggies.
- **Food Tasting Party:** Have a party where your kids can try new fruits, veggies, cheeses, and talk about how they taste and feel.
- **Cultural Food Tours:** Explore foods from around the world through virtual or real tours, learning about new flavors and cooking styles.
- **Visit a Local Market:** Take a trip to a farmers' market, where your kids can meet the vendors and learn about where food comes from.

These activities not only teach kids about food but also make them love cooking, eating, and discovering new foods!

Educational Resources

Welcome to Kindergarten – Public Health Resources

When children are starting kindergarten it is important that that parents are aware of the following information regarding:

- Childhood [immunizations](#) and vaccines required for school
- [Oral health](#)
- [Vision health and eye exams](#)
- Hand hygiene
- Sleep
- Nutrition

This video is available with additional information for parents. [Welcome to Kindergarten video!](#)

Public Health Nurses are available to attend 'Welcome to Kindergarten' events, schools call 905-688-8248 ext. 7379 or email healthyschools@niagararegion.ca to schedule a nurse at an upcoming event.

OPHEA – Outdoor Education Toolkit

With the beautiful weather quickly approaching [Outdoor Education Toolkit](#) was developed to enrich and promote a culture of safety-mindedness, increase teacher awareness, confidence, and



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preparedness to teach outdoor education safety and risk management, and increase student awareness, confidence, and preparedness about outdoor education safety and risk management.

Blue the Butterfly Pedestrian Safety

Thinking about a walk to school event with the warmer weather? Consider using the Blue the Butterfly Pedestrian Safety video to support your event. [CLICK HERE](#)

Blue's tips include:

- Walking to school reduces cars on the street which is good for safety and the environment, and walking in groups can be fun.
- Before you start walking, check the weather and dress properly.
- Walk where motorists expect to see you, like on a sidewalk or pathway.
- Stay alert, pay attention and listen for traffic.
- Use your pointer finger to express your intention to cross a street to motorists and obey the traffic signals.
- Show everyone respect while walking, including to fellow pedestrians and property.

Remember, most students who travel to school on the bus are pedestrians on their journey to the bus stop and can benefit from watching this video too! Visit [Pedestrian Safety Program for Primary Grades \(nsts.ca\)](#)